



Class Name: Intro to Hawaiian/
Polynesian Dance & Cultures
Fall & Spring 2018-19

Tutor: Christina Uluwehi Sulfridge

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Grade Level: All

Course Description: This course will be an introductory class to Hawaiian, Tahitian and Maori dance and culture. There is no dance prerequisite. Students will experience lower impact exercise while learning traditional movements, songs, dances, music, history and language of these Polynesian islands. Students will also learn crafts such as making Poi balls and leis. At the end of the course, students will learn a traditional chant that they will speak and dances that they will be able to perform. The tutor has 40 years of Polynesian culture training, and 10 years of teaching experience.

<http://www.brevardhawaiiandancers.com/index.html>

Prerequisites: None

- **Monthly Class Cost:** \$8.00 per week
- **Materials Fee:** \$25

Minimum # of students: 5 **Maximum # of students:** 15