



**Class Name: Home Economics/Life Skills**  
Block 4 (12:30-1:25)  
Fall 2021-22

**This is a one-semester class**

**Tutor:** Nicole Woltz  
**Email & PayPal Address:** nicolewoltz@gmail.com  
**Cell Phone:** 717-676-1522

**Grade Level:** 9th-12th

**Course Description:** In this course our students will learn some basic life skills that will help them throughout adult life. Meal prep, planning, cooking basics. Simple sewing. How to create a budget. Balancing a checking account. Creating goals and steps to achieving them. Communication and conflict resolution. Organization and time management skills. And child care! We are working to get a RealLife© Baby doll (the ones that need to be cared for like real babies.)

**Curriculum:** There is no curriculum for this course but the students will receive weekly printouts to complete various assignments. Students will also be required to do some cooking at home and document their achievements. RealLife© Baby will go home with your student for 2 nights sometime during the semester.

**Supplies Required:** One 1 to 1 ½ inch three-ring binder, dividers for a three-ring binder, notebook paper, pencils.

**Course Code:** FLDOE 0800300 Life Management Skills; Health or Family Consumer Science

- **Monthly class cost:** \$8.00 per week
- **Materials Fee:** \$50

**Minimum # of students:** 5

**Maximum # of students:** 15