



**Class Name: Family Consumer Science/
Life Skills/Home Economics**
Block 4 (12:30-1:25)
Fall & Spring 2022-23

Tutor: Nicole Woltz
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Grade Level: 9th-12th

Course Description

In this course, our students will learn some basic life skills that will help students throughout adult life such as independent living, managing money, employment and volunteering, household management, marketplace skills, daily social and workplace skills, daily health, and hygiene.

Assignments in this class will help to prepare students for adulting, marriage, and family. They will learn things like: organization and time management skills, cooking basics, meal prep, and planning, nutrition (healthy options), how to create a budget, balancing a checking account, monitoring for fraud, creating goals and steps to achieving them, and communication and conflict resolution.

Curriculum:

Daily Life Skills Big Book, Grades 6-12 *and*
Practical Life Skills: Big Book Grade 9-12
(Both available at christianbook.com)

Students will also be required to do cooking at home, as well as complete cleaning tasks and document their achievements.

Supplies Required: A class folder, paper, pens or pencils.

Course Code: FLDOE 0800300 Life Management Skills; Health or Family Consumer Science

- **Monthly class cost:** \$10.00 per week
- **Materials Fee:** \$25 (for the year)

Minimum # of students: 8

Maximum # of students: 20

