



**Class Name: Sewing &
Home Ec
Block: 2 (10:00-10:55)
Fall & Spring Semester**

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Grade Level: 5th – 12th grade

Class Description: For sewing, students create well-designed work that is utilitarian, purposeful, wearable, and/or sculptural in nature. This course may include, but is not limited to, content in metals, jewelry, glass, fabrics/fibers, clay, fashion design, and/or objects for interior or architectural design/embellishment. Students develop the language of fine craft through a concentration on fundamental technical skills. Student artisans reflect on aesthetics and visual issues related to fine craft using the structural elements of art and organizational principles of design. Students use analytical and problem-solving skills to improve personal work and that of their peers. Students investigate the significance of Western and non-Western cultures related to understanding the art role in global culture and informing creative choices in media and design. This course incorporates hands-on activities and consumption of art materials.

For home ec, we will be using the Home Ec for Everyone Practical Life Skills in 118 Projects, as our base curriculum. You will not have to purchase the book, I will provide copied materials as needed. We will be covering the following topics: Cooking, learn how to feed yourself and others; Laundry & Clothing, from laundry labels to shrunken sweater care; Domestic Arts, the life-changing magic of keeping a clean home; Life Skills, from household budgeting, setting a fancy table, tying a necktie, writing thank you notes and stocking a first aid kit.

Supplies Required: sewing machine, and sewing kit (please see below for details)

Monthly class cost: \$10.00 per week

Materials/lab fee: Material fees will be contingent per project and will be kept to a minimum.

FLDOE Course code:
Fine Craft Studio Art 1 (#0101440),
Health 1-Life Management Skills (#0800300)

Maximum # of students- 20

Minimum # of students- 5

Additional Details and Supplies:

Basic Sewing machine ~ We will not be needing anything fancy. Just a basic machine will do.

Here are a few suggestions:

Singer Simple sewing machine:



White Basic 935:



Basic Brother Sewing Machine:



Basic sewing kit, however, this will not be required for the first week. I would prefer to go over the items needed in class and send a supply list home for the students to gather as a first assignment. We will cover basic sewing, how to read and use a pattern, mending, and will have one project per quarter. These projects will include but not be limited to the following:

- A pillowcase or pillow
- A pair of pajama pants
- A Christmas project
- A drawstring storage bag