



**Class Name: Home Ec**

Block: 1 (9:00-9:55)

Spring, 2025

(This is a one-semester course)

**Tutor:** Tina Knight

**Grade Level:** 5<sup>th</sup> – 12<sup>th</sup> grade

**Class Description:** We will be using the Home Ec for Everyone Practical Life Skills in 118 Projects, as our base curriculum. You will not have to purchase the book, I will provide copied materials as needed. We will be covering the following topics: Cooking, learn how to feed yourself and others; Laundry & Clothing, from laundry labels to shrunken sweater care; Domestic Arts, the life-changing magic of keeping a clean home; Life Skills, from household budgeting, setting a fancy table, tying a necktie, writing thank you notes and stocking a first aid kit.

**Supplies Required:** sewing machine, and sewing kit (please see below for details)

**FLDOE Course Code:** 0800300

**Materials/lab fee:** Material fees will be contingent per project and will be kept to a minimum.

**Maximum # of students:** 20

**Minimum # of students:** 5