



Tutor: Tina Knight

Class Name: Sewing and Home Economics

Grade Levels: Grades 5-12

Class Description:

Sewing (Fall semester): Your student will create well-designed work that is utilitarian, purposeful, and wearable, learn fundamental technical skills, use analytical and problem-solving skills to improve personal work and that of their peers. This course incorporates hands-on activities.

Home Ec (Spring semester): We will be using the *Home Ec for Everyone Practical Life Skills in 118 Projects*, as our base curriculum. We will be covering the following topics: Cooking, learn how to feed yourself and others; Laundry and Clothing, from laundry labels to shrunken sweater care; Domestic Arts, the life-changing magic of keeping a clean home; Life Skills, from household budgeting, setting a fancy table, tying a necktie, writing thank you notes and stocking a first aid kit.

Prerequisites: None

Textbook/Author/Publisher:

Home Ec for Everyone Practical Life Skills in 118 Projects

Supplies Required:

sewing machine, and sewing kit (this will be covered during our first class)

Materials/Lab Fee:

Sewing: Material fees will be contingent per project and will be kept to a minimum.

Home Ec: \$10/semester

Step Up: NO